

## **COUNSELLING AND THERAPEUTIC INTERVENTIONS FOR WORKING WITH WOMEN OVERCOMING EXPERIENCES OF VIOLENCE: A MULTICULTURAL APPROACH**

The training programme is composed of fifteen sessions (2 days per week over a 3 month period) in a combination of **lectures, exercises and role-plays.**

The programme offers a pragmatic and comprehensive approach to working with the myriad of complex issues when working with survivors of all forms of violence. The course is framed within a feminist conceptualisation of violence and multicultural ideals, which challenge and deconstruct oppressive practices and promote anti discriminatory practice.

***This is one of the best thought out, planned, delivered and relevant courses I've done...*** 2005 course participant

The course explores world healing models and offers a holistic approach to working with survivors. The promotion of standards of good practice and effective strategies are integrated throughout the programme. This course is aimed at women doing direct work within the violence against women field, such as counsellors, key-workers and support service workers. Previous counselling knowledge is desirable.

***"I think this is an amazing course...I just wish that every woman had the opportunity to be part of this journey."***

2005 course participant

### **Course Dates:**

Thursday 23<sup>rd</sup> November 2006 & Friday 24<sup>th</sup> November 2006

Thursday 7<sup>th</sup> December 2006 & Friday 8<sup>th</sup> December 2006

Thursday 22<sup>nd</sup> December 2006 & Friday 23<sup>rd</sup> December 2006

Thursday 4<sup>th</sup> January 2007 & Friday 5<sup>th</sup> January 2007

Thursday 18<sup>th</sup> January 2007 & Friday 19<sup>th</sup> January 2007

Thursday 1<sup>st</sup> February 2007 & Friday 2<sup>nd</sup> February 2007

Wednesday 14<sup>th</sup> February 2007, Thursday 15<sup>th</sup> February 2007 & Friday 16<sup>th</sup> February 2007

This **FREE** Course operates on an **EQUAL OPPORTUNITIES** basis – Black women participants particularly welcome.

**If you are interested in this exciting, rewarding and challenging training programme and can:**

- **Do all of the above dates**

- You are over 20 years of age
- Your organisation recommends you for this course and can support you

Closing date for completed applications:

**Monday 14<sup>th</sup> August 2006**

Interview dates:

**Friday 25<sup>th</sup> August & Thursday 7<sup>th</sup> September 2006**

If application form is successful, you will be invited to a week-day interview. Complete the form overleaf and return it to Lilith via post, fax or email and we will send a more detailed information pack.

Return to:

**The Lilith Project,  
Eaves Housing for Women,  
Second Floor, Lincoln House,  
Kennington Park,  
1-3 Brixton Road,  
London SW9 6DE.  
Tel: 020 7840 7133  
Fax: 020 7820 8907**

**[lilith@eaveshousing.co.uk](mailto:lilith@eaveshousing.co.uk)**

Organisation name

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Participant's name

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Contact address

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Tel.....

Email.....

Fax.....

The Lilith Project is a pan-London agency committed to ending all violence against women.

By working with other voluntary and statutory agencies, Lilith is developing research, promoting good practice and building multi-agency partnerships to improve services available to women who are experiencing violence.

Women and Girls Network is a counselling centre for women and girls who have experienced any form of violence.

Working from a feminist/womanist perspective with 18 years of clinical experience, Women and Girls Network offers a range of holistic services, counselling, complementary therapies and telephone helpline providing advice and information on a range of problems faced by women experiencing violence.

# *The Lilith Project*

and



## ***COUNSELLING AND THERAPEUTIC INTERVENTIONS FOR WORKING WITH WOMEN OVERCOMING EXPERIENCES OF VIOLENCE: A MULTICULTURAL APPROACH***

**Course Dates:**

**November 2006 – February 2007**

**Unit Titles: Counselling Knowledge, Counselling Skills, Personal Development, Issues for Survivors, Therapeutic and Holistic Techniques.**